

COASTAL OPPORTUNITIES

SUMMER NEWSLETTER 2022

“Sailing, Sailing”

“This is the best day of my life!” exclaimed Myles as he boarded the Schooner Olad in Camden Harbor on Tuesday, June 7. And it was a fantastic day for everyone else from Coastal Opportunities who sailed Penobscot Bay that morning.

After a three-year Covid hiatus that seemed to last FOREVER, the return to an annual sail was a huge success, especially since the weather gods made it perfect. According to Community Services Coordinator Kristin King, “We couldn’t have asked for a more beautiful morning to set sail out of Camden. Sunny and 65 degrees. The crew members were amazing, and they made everyone feel at home and safe on the water.”

Scott exclaimed, “I raised the sails!”

Ada said, “I love it!”

Melvin added, “I got to drive the boat!”

And Myles’s reaction, after the sail? “That was epic!”

Many thanks to Captain Aaron Lincoln and his terrific crew for providing a wonderful adventure.



FROM THE BOARD PRESIDENT

Last August, during what turned out to be only a temporary reprieve from COVID cases, we were able to celebrate—in person—the FIFTIETH anniversary of The Coastal Workshop (now Coastal Opportunities). Photo albums and bulletin boards spurred plenty of happy memories of the many clients, staff, volunteers, and Board members who have been part of the organization over the past five decades.

Since then, we've been aboard the pandemic roller-coaster that has steered all of our lives since March 2020. Just when we think it is safe to shake hands, smile, and hug, we are back once again to being confined and meeting on Zoom! Fortunately, staff and residents in our homes have been doing an excellent job of masking, hand washing, and following CDC rules. Day Program activities, for the most part, have continued, albeit with reduced staffing at times.

Now, as we head into the new fiscal year (July 1, 2022, to June 30, 2023), we seem to have turned a couple of corners, thanks to new staff and more carefully planned community activities.

The Coastal Opportunities Board wishes to extend deep gratitude to the many long-term and new staffers who have faced and conquered tremendous difficulties this past year.

After the loss of former Executive Director and longtime Board member Tom Corcoran last year, we have welcomed his daughter, Susan Mary Corcoran, as the newest member of the Board. Susan brings fresh ideas as well as her childhood memories of the early years of the organization.

Our longest-serving Board member, Dave Jackson, opted to retire last year, and he has shared with us his feelings about what it meant to be part of the Coastal Opportunities community:

As I look back on the more than forty years I served on the board of Coastal Opportunities, what impressed me most was the commitment of the Executive Director and the Board of Directors to the mission of the organization. Early on, the agendas for our monthly meetings were long and often included serious funding problems that threatened our very existence. With excellent leadership from the Executive Director and the Board President, we addressed those problems thoughtfully and effectively and with good humor. We had a succession of dedicated presidents during my tenure, and the executive director for most of those years was Joe Curll. Coastal Opportunities was blessed with his leadership, and now Cliff Winn is following in his footsteps. With Coastal Opportunities in such good hands, I felt comfortable retiring from the Board after many happy years.

Welcome, Susan, and thank you, Dave, for all you have done for Coastal Opportunities!

Ann McDonald Bex



Coastal Opportunities 2022 Board of Directors

Front: Pam Boland, Dianne "Chipper" O'Connell, Ann Bex (President), Lisa Davee. Back: Kathy Brandes, Lise Duda, Cliff Winn (Executive Director), Jim Jenkins (Treasurer), Marcia Orff (Vice President), Susan Corcoran.

Missing: Nancy Wolfertz (Secretary), Bob Davee. Photo by Daniel O'Connell



LOOKING BACK: PROVIDING SERVICES DURING THE COVID-19 PANDEMIC

The last two (plus) years have been—to say the least—a bit rough. It's not easy to put a positive spin on the very stressful experiences of the staff, the clients, and the parents/guardians. Nevertheless, here we are, and there is so much gratitude to spread around!

In the homes, dedicated staff members worked extra-hard to develop activities for the residents to keep them engaged. The once-familiar routines changed drastically when community supports ended abruptly and community interactions ended. Visitations in the homes—even from parents and siblings—ceased, and the residents' social lives screeched to a halt. Phone calls, FaceTime, Zoom, and “porch visits” (even in chilly weather) became the next best things. Good weather was always a blessing, allowing outdoor visits.

On top of everything else, all of the direct-care programs, for a variety of reasons, were short-staffed, meaning that many staff and supervisors were (and still are) working long hours to keep up with ever-changing rules from the CDC and to provide appropriate coverage and care for all the residents.



Patty Brissette (left) and Gail Varga (right) demonstrate the “battle gear” used to keep Covid at bay.

EVERY member of the staff pitched in and helped in myriad ways, but Patty Brissette (Accounts Payable) was saddled with the task of securing Covid supplies for staff, clients, and the homes. She scoured websites to find masks, hand sanitizer, disinfectant wipes, face shields, and much more. When the regular suppliers were out of stock, she kept searching until she found what was needed. Brava, Patty.

Day-program activities sometimes felt like games of Whac-a-Mole. Just when everyone was clear of Covid, someone would test positive—although, in the long run, there were amazingly few cases, thanks to strict precautions and well-organized inoculation programs as soon as the vaccines were available.

Although it might be premature to say that we’re “out of the woods,” we definitely feel a sense of accomplishment for being where we are now. For that, we’re grateful to EVERYONE who has been part of this success.

Gail Varga, Program Director



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www.CoastalOpportunities.org

HOURS OF OPERATION

Tuesday–Friday 9am–4pm
Saturday 9am–2pm
Closed Sunday and Monday



KRISTI MARTZ CRUNCHES THE NUMBERS

Thanks to the eagle eyes and extensive experience of Kristi Martz, Coastal Opportunities is in safe financial hands. As Office Manager and Senior Bookkeeper since July 2020, when the pandemic was roiling everything, Kristi has managed to maintain a calm presence in her office at the Thomas Corcoran Center in Camden.

Having grown up in Appleton, Kristi graduated from South Hope Christian School. She went on to the University of Maine, where she earned a BS in Business. (She has always been a bit of a “math nerd” and enjoys Sudoku and other “number puzzles.”)

Kristi now lives in Union with her husband, Hayden, whom she met in church when they were teenagers. They have two sons and daughters-in-law who have given them seven beautiful grandchildren.

While their sons were growing up, Kristi and Hayden were always involved with youth groups, whether teaching, coaching, or counseling. Now they enjoy boating, fishing, kayaking, and watching football—plus their latest interest, golf! Whenever possible, they visit relatives in Florida and Arizona.

Kristi loves to bake, and she can't show up at a family function without a hefty batch of molasses cookies! (Coastal

Opportunities staff love them, too!)

Before arriving at Coastal Opportunities, Kristi worked for 15 years as the Financial Manager for Target Marketing Maine in Rockland.

When the company announced that it was closing for good, Kristi spotted the Coastal Opportunities job opening and thought it sounded similar to what she had been doing. She had always heard of Coastal Workshop/Coastal Opportunities and understood that the organization did great things, and now she says, “I feel fortunate to be part of such wonderful work.”

She adds, “The pandemic has not really affected my work, and I have been able to go to the office every day, for which I am very thankful. Working for a nonprofit has been a very nice change—from reporting to ‘Corporate’ to working with a Board of Directors and congenial colleagues. It has a much more personal feel, and it’s wonderful to see so many people who care and give of their time and money to support the mission of the organization.”



Photo courtesy Kristi Martz



Jeremy White (center) signs “Thank you!” to parishioners of Warren’s Second Congregational Church, in appreciation for a generous donation to Coastal Opportunities.

At left is Deacon Gayle White; at right is Cindy Bland, Jeremy’s mother. Photo by Hope Creighton

WARREN CHURCH DONATES TO COASTAL OPPORTUNITIES

Each year, members of the Second Congregational Church of Warren choose a local nonprofit organization to benefit from their Lenten contributions. This year, Coastal Opportunities was fortunate to be named as the beneficiary, receiving \$1,500 from the effort.

On the Sunday after Easter, Jeremy White, a longtime Coastal Opportunities participant, accepted the check from Deacon Gayle White and enthusiastically thanked the congregation for their generosity.

Jeremy’s mother, Cindy Bland, is president of the Coastal Opportunities Parents’ Association, which meets several times each year to enjoy a potluck, share information, and learn about current state and national activities and benefits for adults with developmental disabilities in Knox County.



THANKS TO ROCKPORT AUTOMOTIVE AND AMERICAN FLATBREAD!

Tuesday, June 21, was a perfect evening for bringing out pizza fans to show their love and support for Coastal Opportunities! Between 4 and 8 p.m., a steady stream of supporters flocked to American Flatbread, on Route 1 in Rockport.

Board Member Chipper O'Connell receives a prize for organizing the very successful event and whipping up enthusiasm. Board Member Pam Boland receives a prize for convincing nineteen men, women, and children to join her at the restaurant.

And we're grateful to everyone else who appeared at the restaurant or ordered takeout, because the donation jar held \$152.36 and Flatbread owner Bobby Morgan awarded Coastal Opportunities with a check for \$386.85 (see photo), making a grand total of \$539.21 for the evening.

Rockport Automotive, on Route 1 in Rockport, also came through for us in June! Thanks to their "Giving Back in the Community" program, Coastal Opportunities was featured as their June beneficiary.

Throughout the month, \$5 of every oil change at Rockport Automotive was designated for Coastal Opportunities. Chipper O'Connell made this benefit happen, too! When June came to a close, Chipper was on hand to receive a check for \$430 from co-owner Kristin Lappin (see photo).

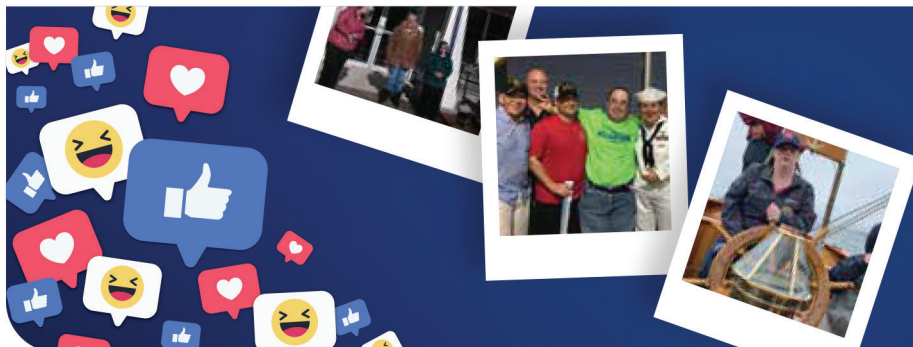
Three cheers for our local business donors!



Board member Chipper O'Connell (right) accepts a generous donation from Kristin Lappin at Rockport Automotive.



Board member Chipper O'Connell receives a check for Flatbread Night from owner Bobby Morgan and manager Allison Warren.



Look For
Coastal Opportunities
On Facebook!



COASTAL OPPORTUNITIES ANNUAL REPORT

July 1, 2020 - June 30, 2021

Greetings to our valued supporters,

Last year, I had the opportunity to describe the “whirlwind” that was my first year here at Coastal Opportunities. That was a year in which I was introduced to the incredible individuals whom we serve, and the impeccable character of all those who are committed to supporting our mission. It was a year of unknowns, uncertainty, and anticipation of mysteries to come. As we all entered our second year of a worldwide pandemic, Coastal Opportunities re-created its “new normal” and deepened my appreciation for its inspirational culture and values.

Commitment to service during a time of crisis is something to appreciate deeply; continued commitment, as that same crisis enters its third year, is nothing short of inspirational. The people we serve, families and friends, community members, Coastal’s Board of Directors, and our absolutely amazing employees, have all ensured that the organization continues to move forward, despite the unprecedented—and occasionally even daunting—obstacles that Covid-19 has presented. This impressive collaboration has provided hope and stability through arduous times. As we begin to recognize signs of seeing this pandemic in the rearview mirror, I am thankful to be part of such a dedicated team. I eagerly look forward to the future . . . and to all that we can accomplish together.

Best Wishes,

Cliff Winn

Overview

Coastal Opportunities celebrated its 50th year of service provision this past year. The agency was, again, highly impacted by the effects of the Covid-19 pandemic and the many repercussions that came with it. As the pandemic deepened in severity, the agency endeavored to maintain norms and expectations to the best of its ability. The health of staff and the people we serve was always Priority Number One, as Coastal Opportunities remains steadfast in its mission.

Coastal Opportunities assists individuals in and around Knox County in accessing their respective communities. We do this by providing an array of services, including Case Management, Home Supports, Residential Supports, Community Supports, Work Supports, and Transportation.

Coastal Opportunities is still continuing its efforts to reach pre-pandemic levels of community engagement through Day Program / Community Support Services. Always adhering to the most recent Covid-19 protocols, Coastal Opportunities empowers people to grow as they collaborate with, and support, local social groups, volunteer groups, and businesses. By utilizing small groups and one-on-one

outings whenever possible, Coastal strives to inform others about the nature of our work and to create lasting community-based relationships.

Creating and maintaining relationships proved to be very difficult while adhering to Covid-19 restrictions and protocols. Many groups and businesses were dormant for the year (or allowed very limited access), so keeping connected was particularly challenging. Staying in small, flexible group outings worked well in maintaining those connections . . . and, as restrictions have been lightened, Coastal Opportunities has worked very hard to increase its presence and visibility once again in the community. We have maintained our current facilities located in Camden, Rockport, Rockland, Thomaston, and Owls Head, while eight of our residents at the ICF-IID facility on Limerock Street in Rockland settled into their first full year at a brand-new, state-of-the-art home.

Coastal Opportunities continued to strive forward in achieving its mission. Between July 1, 2020, and June 30, 2021, we provided supports and services to 99 adults with intellectual disabilities. The mission of Coastal Opportunities is as follows:

To assist adults with intellectual disabilities to become participating members in the social and economic community.

The Covid-19 pandemic has had a profound impact on the number of individuals served and the number of hours of service provided to them. The pandemic has caused significant schedule changes for those currently receiving Community Supports and Work Supports, as those services experienced two separate instances of being shut down for several weeks at a time. The total array of services provided by Coastal Opportunities included Residential and Home Supports for 31 residents, Community and Work Supports for 38 individuals, and Case Management Services for 48 individuals. The total number of people served by Coastal Opportunities this year was 99. The participants at Coastal range from ages 20 to 81, with the average age of 46. Coastal employed 65 staff to provide these services at a cost of \$2,283,320.

Organizational Employment Work Supports

Despite the challenges faced by business closures and schedule changes, Coastal Opportunities still supported people in receiving Work Supports. Just prior to the time frame captured in this report, Work Supports saw a complete shutdown of services. Once CDC and State guidelines were developed, Coastal resumed some Work Supports services as businesses began to re-open in a limited capacity. Coastal was able to reestablish Work Supports options at the Coastal Opportunities Redemption Center in Camden.



Employment Objectives 2020–2021

1. To maintain Vocational Rehabilitation certification for agency-operated vocational services.
Objective met; we will continue to offer work support services.
2. To develop a functional work-intake screening process that explores applicants' interests, strengths, self-assessment, and career development.
We are working with new federal Home- and Community-Based Services rules to develop a standard/compliant intake process.
3. To develop a transition plan for students with Intellectual / Developmental Disabilities. As part of this goal, we will continue to reach out to local school systems in the spring of every year to make them aware of services we can offer to outgoing graduates.
A vendor call system is currently being used as a transition mechanism for graduating students. Intakes into work programs were greatly diminished, and many students were studying remotely due to pandemic-related safety measures.

Community Integration

Coastal Opportunities puts great emphasis on its community involvement. A multitude of supports and activities are explored to enhance community integration and to help develop relationships. Coastal's participants are assisted to gain the skills necessary to make and sustain meaningful community connections.

Community Supports Volunteer Sites

Although volunteer opportunities were greatly hindered by the pandemic, our programs still managed to support community causes in the following capacities: Owls Head Transportation Museum, Meals on Wheels (expanded its days of delivery), Out Maine, AIO Food Pantry, and Merryspring Nature Center.

Coastal's participants found creative new ways to stay engaged in the community by enjoying as many outdoor/socially distanced activities as possible. Individuals continued to bowl at Oakland Park Lanes, play tennis at Marge Jones Field, visit local parks and beaches, hike Coastal Mountains Land Trust and Georges Highland Path trails, explore Fort Knox and Fort William Henry, tour local museums, and play basketball, volleyball, badminton, horseshoes, and kickball at local recreation areas. Participants also enjoyed Arts in the Park, Yoga/Movers and Shakers in the Park, gardening, and fishing.

The Community Supports program also maintained contact with such programs as Special Olympics, Sweet Tree Arts, Aktion Club, Spark Dance, and Dancing Elephant Studio. As restrictions are eased, involvement with these collaborators will resume.

Facility-Based Supports

Coastal Opportunities provides a center-based choice of programming for individuals who choose not to access community-based activities. This is also an option for those who have health and safety concerns that limit their ability to fully access community-based activity on a daily basis. When they are not engaged in community-based activities, various alternate activities are available for those who choose this option. This includes weaving, arts and crafts, exercise, and other creative and seasonal offerings. Remote-learning activities are also available and have seen more development over the last year.

Community Supports Services Goals and Results for 2020–2021

Goal 1. To increase Community Support hours by at least 5 percent in the upcoming year.
Community Support hours saw a decrease in 2020–2021, as the program was closed from November 6, 2020, to March 2, 2021.

Goal 2. To find at least five more regularly scheduled community and/or volunteer activities for participants who are based at the Olive Coates Center.
Participants based at The Olive Coates Center programmed from their homes for a large portion of the year. When they returned to the Center, activities off-site were very limited, due to regulatory precautions and Covid-19 protocols.

Goal 3. To increase participant time in small-group community outings by 5 percent in the upcoming year. *Target: 60 percent. In 2019–2020, small-group outings were achieved 41 percent of the time. In 2020–2021, small-group outings were achieved 47 percent of the time, an increase of 6 percent. The nature of CDC guidelines/Covid-19 precautions, combined with our efforts to move toward smaller-group programming, resulted in groups of no more than three participants when conditions allowed.*

Goal 4. To maintain enough staff to ensure integration in the community in small groups by reducing staff turnover to 20 percent and our vacancy rate to 15 percent.
Staff ratios remained consistent this year. Community integration increased, despite limited opportunities.

Goal 5. To maintain or increase the amount of time spent in integrated community settings to 70 percent.
Participants spent 67 percent of their time in integrated settings, as staff found creative ways to program safely in community-based locales.

Goal 6. To have participants spend 15 percent of their time in community-based volunteer activities.
Participants spent 8 percent of their total time in volunteer activities. Most traditional opportunities were curtailed due to pandemic-related closures and schedule changes.



Community Supports Services Goals for 2021–2022

Community Support Services was tasked with creatively modifying how it provided support as the pandemic raged and restrictions became ever more complicated to navigate. The ultimate goal was maintaining connections with Coastal's participants in a safe manner that still afforded some community and social connection. This year will see the program keeping many of the thoughtful innovations developed in the previous year, while slowly and safely moving toward a more integrated and community-based model.

Goal 1. To increase Community Support hours by at least 5 percent in the upcoming year.

Goal 2. To find at least five more regularly scheduled community and/or volunteer activities for participants.

Goal 3. To increase participant time in small-group community outings by 5 percent in the upcoming year. *Target: 60 percent.*

Goal 4. To maintain enough staff to ensure integration in the community in small groups by reducing staff turnover to 20 percent and our vacancy rate to 15 percent.

Goal 5. To maintain or increase the amount of time spent in integrated community settings to 70 percent.

Goal 6. To have participants spend 15 percent of their time in community volunteer activities.

Residential Services

Coastal Opportunities is committed to providing a variety of residential settings in order to meet the diverse needs of the people we support. Coastal owns and operates eight residences in coastal Knox County and also supports individuals in their own homes. Coastal provides this support by offering a range of necessary care — from almost complete physical assistance, as needed in our ICF-IID in Rockland, to minimal amounts of assistance to residents living in their own apartments. Twenty-four-hour staffing assistance is available at six of Coastal's residential locations, cumulatively serving 27 residents. Coastal Opportunities also provided supports to five individuals who live in their own apartments and require minimal supports on an intermittent basis.

Residential staff meet the needs of the people we serve by promoting independence and offering just enough support as necessary to complete tasks in the following areas: money management, self-care, community awareness and access, medical and hygiene assistance, safety, meal planning and preparation. At some locations, more in-depth support is needed in the areas of mobility assistance, daily hygiene, communication, bathroom access, social awareness, and nutrition.

Residential Services Goals and Results for 2020–2021

Goal 1. To determine parent and guardian satisfaction. *Target: 100 percent.*

Target was met: Of the surveys returned, parents and guardians indicated overall satisfaction with Residential Services. Some comments indicated that communication with the individual homes could be improved. Some surveys indicated that they would like to see more skill building and community engagement outside of the house. Additional comments gave praise to the direct-service staff for their diligence and service provision throughout the course of the pandemic.

Goal 2. To determine consumer satisfaction. *Target: 100 percent.* *Consumers indicated overall satisfaction with the services provided by Coastal Opportunities. Some comments indicated that individuals desire to move to more independent, smaller settings at some time in the future.*

Goal 3. To decrease medication errors in our residences. *Medication errors saw a slight decrease in 2020–2021. Coastal's supervisors will endeavor to continue to decrease this number through administrative oversight and coaching. Processes for frequent medication administration audits have been modified to provide more structure and support.*

Goal 4. To enhance community interaction. *Community-based activities were down significantly, as this year saw the highest levels of closures and pandemic-related safety protocols to date. As the potential for exposure to Covid-19 escalated in community-based settings, more time was spent programming in the homes.*

Goal 5. To increase the amount of time that residential programs meet their approved hours overall. *Residential approved hours were met at an increased level, as the Office of Aging and Disability Services (OADS) thresholds remained significantly lowered for the entire year.*

Residential Services Goals for 2021–2022

Within the confines of Covid-19 pandemic-related restrictions, Coastal Opportunities' Residential Programs will strive to maintain safety for all residents and staff while continuing to seek excellence in the following areas.

Goal 1. To determine consumer satisfaction. *Target: 100 percent.*

Goal 2. To determine parent and guardian satisfaction. *Target: 100 percent.*

Goal 3. To decrease medication errors in our residences.

Goal 4. To enhance community interaction.

Goal 5. To increase the number of times that residential programs meet their approved hours overall.



Case Management Services

In 2020–2021, Coastal Opportunities provided 1522 hours of Case Management Services to 48 individuals in Knox, Lincoln, Sagadahoc, and Waldo Counties. Community Case Managers have a comprehensive role in the coordination of service delivery. They do this by promoting access and connection to an array of services for the individuals within their respective caseloads. Services coordinated and facilitated by Case Management include representative payee services, person-centered planning, housing, employment, community supports, work supports, guardianship, adult protective services, and quality assurance. The DHHS Office of Aging and Disability Services refers all individuals seeking Community Case Management. Coastal Opportunities' Community Case Management program serves individuals who do not receive any other services from our agency.

Community Case Management also provides individual Representative Payee services, and acted in this role for 12 of the 48 individuals receiving Case Management at Coastal. This service includes oversight and support in accounting for the money received and how it is spent.

Community Case Management Survey Information Goals for 2020–2021

Based on 12 responses from surveys presented to individuals served, parents, and guardians, here are the following results:

Goal 1. To determine client/guardian/parent satisfaction with Case Management Services. *Target: 100 percent.*
Of the surveys returned, clients/guardians/parents noted overall satisfaction. Specific comments on high levels of engagement and responsiveness were noted in some surveys.

Goal 2. To determine whether Community Supports and Home Supports providers are satisfied with our Case Management Services. *Target: 100 percent.*
Other stakeholders/providers indicated overall satisfaction with Case Management Services, and some individuals noted solid collaborative efforts by our Case Managers.

Goal 3. To expand our Community Case Management Services. *Target: To serve 45 individuals in Case Management Services.*
This goal was met, as 48 individuals received Case Management Services over the course of the year.

Case Management Goals for 2021–2022

Community Case Management at Coastal Opportunities continues to provide knowledgeable and comprehensive services. Staying up-to-date with the most recent regulations and guidelines of service delivery, Community Case Management has successfully been a source of connectivity to resources for the people we serve. Community Case Management will continue to support individuals with the same skill and diligence in the upcoming year while maintaining satisfaction and enhancing caseloads.

Goal 1. To determine client/guardian/parent satisfaction with Community Case Management Services. *Target: 100 percent.*

Goal 2. To determine whether Community Support and Home Support providers are satisfied with our Community Case Management Services. *Target: 100 percent.*

Goal 3. To maintain our caseloads in Community Case Management Services. *Target: To serve 45 individuals overall in Case Management Services.*



Coastal Opportunities Executive Director Cliff Winn (*center*) accepts the Penobscot Bay Regional Chamber of Commerce Award commemorating the organization's fiftieth anniversary in 2021.

Also in the photo are Sheila Lowe, Board Chair of the Chamber of Commerce (*left*), and Tom Peaco, President and CEO of the Chamber of Commerce (*right*).

carolmillerphotos.com



MILESTONES

While the entire staff has kept Coastal Opportunities running as smoothly as possible during trying times—and we owe them all immense gratitude—some have achieved milestones in the last year or so. Thank you!

RETIRED

Harold Mosher
Katherine Brown Home

RETIRED

Nancy Prescott
Life Skills

20 YEARS

Kelly Moore
Katherine Brown/Annette
Overlock Homes

10 YEARS

Patti Emery
Case Manager



GONE BUT NOT FORGOTTEN

In the last year, Coastal Opportunities has lost wonderful staff, participants, and supporters. We will miss them:



- ♥ **James “Jimmy” Downs**, who spent most of his adult life at the Shirley Drinkwater Home and died on September 4, 2021, was an inspiration to everyone who knew him.
- ♥ **Jackson “Jack” Frost**, son of the late Betty and Wilbur Frost, was, as his family said, “a man of the people,” offering a friendly greeting to everyone he met on the sidewalks of Camden. Betty Frost and Jean Boobar were the cofounders of the Cash for Clothes Sales, benefiting Coastal Opportunities for 45 years. Jack died on December 12, 2021.
- ♥ **Maryjane Gautesen** became a special ed teacher at the former Henderson School in Camden after her two children were out of the nest. When the school closed, she moved to Coastal Opportunities, where she met up with many of her grown-up former students. After retiring from Coastal Opportunities and missing the clients, she volunteered to help with the production of many beautifully woven bags that were sold to benefit the organization. She died on March 13, 2022.



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Put in Coastal Opportunities as your beneficiary, and Coastal Opportunities will receive a check from Amazon for 0.5 percent of your purchase price (not counting taxes and shipping). After your first purchase, you'll be asked the next time whether you'd like to start your search with Coastal Opportunities as your beneficiary. Please DO! Even better, bookmark the site. There's no charge to you, and you'll be supporting a very worthy cause.

Thank you!

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You shop. Amazon gives.



THANK YOU . . . to everyone who contributed to Coastal Opportunities during 2021. We are immensely grateful for your support!

Individuals

Alan & Norma Athearn
All Donors to Coastal
Redemption Center
Carolyn Birbeck
Ann & Harris Bixler
Pam & Tom Boland
Rosemary Carroll
William Cross
Lisa & Michael Davee
Robert Davee
Lise & Paul Duda
Edward & Deborah Endl
James Field
Nancy H. Ford
Christopher & Rosalee Glass
Charles Graham
James & Marlene Groves
Ron & Judy Hastings
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Susan G. Taylor
Peter Van Alstine
Nancy H. Warren
Gerald Weinand
Wendy & Roger Wickenden
Cliff & Jodi Winn
Judith & Allen Zern

In Memory of

Vera & Guenther Brandes
Col. Bruce & Virginia Brandes
Dawn & Guy Brandes
Hans Brandes
Kathleen Brandes

In Memory of

Thomas Corcoran
Ann M. Bex
Susan Mary Corcoran
Elaine Dalpian
Eileen & Peter Spectre

In Memory of Michael Drons

Rodney Artz

In Memory of Cindy Fales

Ron & Denise Philbrook

In Memory of Jack Frost

Kathleen Brandes

In Memory of Annette Overlock

Kingsley Sleight

In Memory of James Pieper

Linda Pieper
W. Bernard Pieper

In Memory of Jack Shimkus

Jo & Gerry Gaebel

In Memory of Frank Stearns

Grace Stearns

In Memory of Myrtle "Sis" Talbot

Johnson Talbot Jr.

In Memory of George Thomas

John & Harriet Dehoff

In Memory of Robert Young

Richard & Pamela Young

In Honor of 50 Years of Coastal Opportunities

Gail & Kevin Varga

In Honor of Scott Achorn

Patrick & Elyse Wholey

In Honor of Joe Curll

Tom & Jane Babbitt
Nathan Curll

In Honor of

Katherine Brown Home Staff
Lucile Shimkus

In Honor of Melvin, Scott, & Louie

Hilary & David Jones

In Honor of Linda Pieper

W. Bernard Pieper

In Honor of Linda Yattaw

Michael & Kermit Vonnannon

In Honor of Vera Brandes Home

Peter & Kathy Jenkins

Churches

First Congregational Church,
Camden
Second Congregational Church,
Warren
Peoples United Methodist
Church,
South Thomaston

Businesses

Amazon Smile
(multiple donors)
American Flatbread (Rockport)
Bangor Savings Bank
First National Bank (Maine)
Hannaford (Bag Program)
Proforma Marketing Essentials
Viking Lumber
Jennifer Chipman

Employee Matching Grants

Anonymous/United Way
of Kennebec Valley
Thomas Dowd III/United Way
of Mid Coast Maine

Katie Orff/MEMIC

Maggie Timmerman/Bank
of America

Foundations

Billy Weiss Foundation
(IMO Billy Weiss)
Camden Area Senior Assistance
Camden Rotary Foundation
Davidson Family
Charitable Fund
Messler Family Foundation
Olive A. Coates
Charitable Trust
United Midcoast Charities

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Town of Owls Head
Town of St. George
Town of Thomaston





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www.coastalopportunities.org



Maine Association For
Community Service Providers

NURTURING THE PATH TO SUCCESS

Providing an environment to feel challenged, be successful, and improve self-esteem



COASTAL OPPORTUNITIES is a private, nonprofit corporation whose mission is to assist adults with intellectual disabilities to become participating members of their social and economic community.

Whom We Can Help

Each year, we help about 90 adults with developmental disabilities receive day and/or residential assistance. We employ more than 65 staff and have 11 sites to support individuals in six Knox County communities: Camden, Rockport, Rockland, Owls Head, and Thomaston.

What We Can Do

Coastal Opportunities provides a variety of services to adults in the day and employment programs. Long-term support is provided to individuals who sort bottles at the Coastal Redemption Center as well as to individuals who head to work at local businesses. These jobs, attuned to their abilities and skills, provide income, camaraderie, and enhanced self-esteem. On-site day programming is provided at the Thomas F. Corcoran Center and the Olive Coates Center, both located on Limerock Street in Camden. Day programming for most of the clients includes working and volunteering in the community as well as enjoying sports and other leisure activities.

How You Can Help Us

Support Coastal Opportunities with a financial donation or volunteer your time as a member of our board or one of the board's subcommittees. Donate your bottles to the Coastal Redemption Center, established more than forty years ago when Maine became the third state to adopt a Bottle Bill.

Please visit our website (coastalopportunities.org) or call 207-236-6008 for more information.